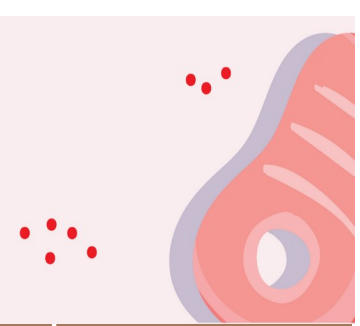


# Meals on Wheels of San Diego County

## Latin Inspired Menu

### April 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>Beverage Choice:</b> Milk, Soy Milk, Juice, or Bottled Water.</p> <p><i>Menu Subject to Change</i></p>	<p>1 Carne Asada Crispy Cubed Papas California Vegetable Blend</p>	<p>2 Pork Carnitas Fiesta Black Beans Hominy</p>	<p>3 Carne Con Papas Charro Beans Steamed Cabbage</p>	<p>4 Blackened Tilapia Cilantro Lime Brown Rice Mexican Corn Baby Carrots</p>	<p>5 Chicken Chimichanga Refried Beans Fiesta Vegetable Blend</p>	<p>6 Taco Meat Spanish Brown Rice Pinto Beans Garden Vegetable Blend</p>
<p>7 Tamale Pie Yellow Squash Brussels Sprouts</p>	<p>8 Chile Colorado Spanish Brown Rice Pinto Beans Herbed Carrots</p>	<p>9 Cuban Citrus Mojo Chicken Fiesta Vegetables Sweet Plantains</p>	<p>10 Pork Al Pastor Hominy Broccoli</p>	<p>11 Birria Whipped Potatoes Mixed Vegetables</p>	<p>12 Sofrito Chicken Brown Rice Black Beans Corn, Tomatoes, &amp; Chiles</p>	<p>13 Beef Taquitos Refried Beans Fiesta Vegetables</p>
<p>14 Chicken Chilaquiles Mexican Brown Rice Charro Beans</p>	<p>15 Meatloaf Spanish Sauce Whipped Potatoes Seasoned Spinach</p>	<p>16 Baked Tilapia Mango Chutney Fiesta Black Beans Fajita Vegetable Blend</p>	<p>17 Chuleta Frita Roasted Sweet Potatoes Cauliflower</p>	<p>18 Chile Lime Chicken Spanish Brown Rice Broccoli</p>	<p>19 Carne Guisada Whipped Potatoes Spanish Carrots</p>	<p>20 Bean Burrito Mojado Brussels Sprouts Plantains</p>
<p>21 Pork Carnitas Refried Beans Fiesta Vegetable Blend</p>	<p>22 Ranchero Chicken Spanish Rice Herbed Green Peas</p>	<p>23 Classic Stuffed Pepper Whipped Potatoes Mixed Vegetables</p>	<p>24 Chicken Mole Creamy Polenta Seasoned Spinach</p>	<p>25 Wet Beef Burrito Black Beans Cilantro Lime Corn</p>	<p>26 Tilapia Vera Cruz Confetti Brown Rice Green Beans</p>	<p>27 Arroz con Pollo Pinto Beans Calabacitas</p>
<p>28 Ropa Vieja Brown Rice Black Beans Sweet Plantains</p>	<p>29 Chile Relleno Bake Crispy Cubed Potatoes Capri Vegetable Blend</p>	<p>30 Chicken Enchiladas Verdes Refried Beans Fajita Vegetable Blend</p>				