

# MARCH 2025 – ENTRÉE MEAL #1

# MEALS ON WHEELS SAN DIEGO COUNTY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 <b>Turkey Noodles Casserole</b> Mixed Vegetables Broccoli	2 <b>Chicken Enchilada</b> Refried Beans Peas with Peppers
3 <b>Pasta Shells &amp; Meat Sauce</b> Italian Blend Veg Corn	4 <b>Chicken Chow Mein over Brown Rice</b> Corn Carrots	5 <b>Beef &amp; Cheese Enchilada</b> Mexi-Corn Poached Peaches	6 <b>Turkey Noodle Casserole</b> Mixed Vegetables Broccoli	7 <b>Chicken Cordon Blue over Brown Rice</b> California Blend Veg. Corn	8 <b>Rotini &amp; Meat Sauce</b> Mixed Vegetables Poached Pears	9 <b>Chicken Breast in Green Chili Cream Sauce over Brn Rice</b> Refried Beans Chuckwagon Corn
10 <b>Macaroni &amp; Meat Casserole</b> Succotash Broccoli	11 <b>Chicken Fettuccini in Alfredo Sauce</b> Peas Carrots	12 <b>Curry Chicken over Brown Rice</b> Sweet Potato Mixed Vegetables	13 <b>Swiss Steak w/ Gravy</b> Sweet Potato Collard Greens	14 <b>Cheese Cannelloni</b> Kidney Beans Italian Green Beans	15 <b>Chicken Primavera Rotini</b> Carrots Green Beans	16 <b>Beef &amp; Cheese Enchilada</b> Mexi-Corn Poached Peaches
17 <b>Beef Steak &amp; Onion Gravy over Brown Rice</b> Carrots Italian Mixed Veggie	18 <b>Teriyaki Meatballs over Brown Rice</b> Green Beans Cauliflower w/ Mushrooms	19 <b>Spaghetti &amp; Meat Sauce</b> Peas Asian Blend Veggies	20 <b>Chicken Fettuccini in Alfredo Sauce</b> Peas Carrots	21 <b>Chicken Breast in Green Chili Cream Sauce over Brn Rice</b> Refried Beans Chuckwagon Corn	22 <b>Salisbury Steak &amp; Gravy</b> Potatoes O'Brien Black Eyed Peas	23 <b>Macaroni &amp; Meat Casserole</b> Succotash Broccoli
24 <b>Turkey a la King over Noodles</b> Peas Carrots	25 <b>Beef Steak &amp; Onion Gravy over Brown Rice</b> Carrots Italian Mixed Veggie	26 <b>Cheese Cannelloni</b> Kidney Beans Italian Green Beans	27 <b>Chicken Cordon Blue over Brown Rice</b> California Blend Veg Corn	28 <b>Beef Burgundy</b> Mashed Potatoes Carrots	29 <b>Chicken Breast Strips</b> Fajita Vegetables Broccoli Sweet Potato	30 <b>Chicken Breast in Green Chili Cream Sauce over Brn Rice</b> Refried Beans Chuckwagon Corn
31 <b>Chicken Chow Mein over Brown Rice</b> Asian Blend Veggies Corn						