





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice, or bottled water. Menu subject to change.					1 Chicken Primavera Rotini Carrots Green Beans	2 Beef & Cheese Enchilada Mexi-Corn Poached Peaches
3 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	4 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	5 Spaghetti & Meat Sauce Peas Asian Blend Veggies	6 Chicken Fettucini in Alfredo Sauce Peas Carrots	7 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn	8 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	9 Macaroni & Meat Casserole Succotash Broccoli
10 Turkey a la King over Noodles Peas Carrots	11 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	12 Cheese Cannelloni Kidney Beans Italian Green Beans	13 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	14 Beef Burgundy Mashed Potatoes Carrots	15 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	16 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn
17 Chicken Chow Mein over Brown Rice Asian Blend Veggies Corn	18 Cheese Enchilada Corn w/Peppers Peas	19 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	20 Pasta Shells & Meat Sauce Italian Blend Veg Corn	21 Chicken Fettucini in Alfredo Sauce Peas Carrots	22 Cheese Cannelloni Kidney Beans Italian Green Beans	23 Swedish Meatballs over Egg Noodles Mixed Veggies Lima Beans
24 Beef Burgundy Mashed Potatoes Carrots	25 Macaroni & Meat Casserole Succotash Broccoli	26 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn	27 Spaghetti & Meat Sauce Peas Asian Blend Veggies	28 Swiss Steak w/Gravy Sweet Potato Collard Greens	