




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice or bottled water. Menu subject to change.						1 Cheese Sandwich with Hummus Veggie Blend Cup Fruit Cookie
2 Soup of the Day & 1/2 sandwich Blk Bean Corn Salad Fruit	3 Asian Noodle Veggie Bowl w/Tofu Beet Cup Fruit Cookie	4 Mediterranean Sandwich Carrot Raisin Salad Fruit Muffin	5 Barley Kale Bowl with White Beans Potato Salad Fruit Cookie	6 Orange Tofu with Udon Noodles and Edamame Jicama/Cucumber Fruit	7 Chickpea Salad Sandwich Confetti Broccoli Fruit Cookie	8 Veggie Pesto Sand. Pepper/Bean Cup Fruit Muffin
9 Soup of the Day 1/2 Egg Salad Sand. Zucchini Cup Fruit	10 Harvest Salad Carrots Fruit Cookie	11 Asian Slaw with Teriyaki Tofu Strips Jicama & Cucumber Fruit Muffin	12 Lentil Sloppy Joe Veggie Blend Cup Fruit Muffin	13 Pasta with Assorted Beans Beet Cup Fruit Cookie	14 Chickpea Salad Sand. Carrot Raisin Salad Fruit Muffin	15 Vegetarian Nutloaf Sandwich Mexican Macaroni Fruit Cookie
16 Chef's Choice Soup and Salad w/ Chickpeas Fruit	17 Asian Noodle Veggie Bowl w/Tofu Beet Cup Fruit Cookie	18 Cheese Cucumber Club Sandwich 3-Bean Salad Fruit Cookie	19 Chickpea Salad Sand. Cuke & Tomato Cup Fruit Muffin	20 Soup of the Day 1/2 Mediterranean Sandwich Cucumber & Jicama Fruit	21 Lentil Sloppy Joe Potato Salad Fruit Muffin	22 Cheese Sandwich with Hummus Veggie Blend Cup Fruit Peach Yogurt
23 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	24 Chinese Tofu Salad Carrots Fruit Fortune Cookie	25 Barley and Wild Rice with Roasted Tofu Tangy Coleslaw Fruit Cookie	26 Mediterranean Sandwich Veggie Salad w/Mint Fruit Muffin	27 Traditional Vegetarian Cobb Salad Fruit Cookie	28 Chickpea Salad Sand. 3-Bean Salad Fruit Muffin	29 Soup of the Day 1/2 Mediterranean Sandwich Cucumber & Jicama Fruit
30 Cilantro Lime Rice Bowl with Beans Baby Carrots Fruit	31 Mediterranean Orzo Bowl with Tofu Beet Cup Fruit Cookie	