


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: Milk, soy milk, juice, or bottled water. Menu subject to change.		1 Sweet & Sour Chicken Chicken over Brown Rice Asian Blend Veg Peas	2 Chicken Cordon Blue over Brown Rice California Blend Veggies Corn	3 Beef Burgundy Mashed Potatoes Carrots	4 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	5 Chicken Breast in Green Chili Cream Sauce over Brn Rice Refried Beans Chuckwagon Corn
6 Chicken Chow Mein over Brown Rice Asian Blend Veg Corn	7 Turkey & Gravy Spinach Mashed Potatoes	8 Beef Burgundy Mashed Potatoes Carrots	9 Pasta Shells & Meat Sauce Italian Blend Corn	10 Chicken Fettuccini in Alfredo Sauce Peas Carrots	11 Cheese Cannelloni Kidney Beans Italian Green Beans	12 Swedish Meatballs over Egg Noodles Mixed Vegetables Lima Beans
13 Beef Burgundy Mashed Potatoes Carrots	14 Macaroni & Meat Casserole Succotash Broccoli	15 Chicken Breast in Green Chili Cream Sauce over Brn Rice Refried Beans Chuckwagon Corn	16 Spaghetti & Meat Sauce Peas Asian Blend Veg	17 Swiss Steak w/Gravy Sweet Potato Collard Greens	18 Turkey Noodle Casserole Mixed Vegetables Broccoli	19 Chicken Fettuccini in Alfredo Sauce Peas Carrots
20 Pasta Shells & Meat Sauce Italian Blend Veg Corn	21 Turkey & Gravy Spinach Mashed Potatoes	22 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	23 Turkey Noodle Casserole Mixed Vegetables Broccoli	24 Chicken Cordon Blue over Brown Rice California Blend Veggies Corn	25 Swiss Steak w/Gravy Sweet Potato Collard Greens	26 Chicken Breast in Green Chili Cream Sauce over Brn Rice Refried Beans Chuckwagon Corn
27 Macaroni & Meat Casserole Succotash Broccoli	28 Chicken Fettuccini in Alfredo Sauce Peas Carrots	29 Beef Burgundy Mashed Potatoes Carrots	30 Swiss Steak w/Gravy Sweet Potato Collard Greens	31 Cheese Cannelloni Kidney Beans Italian Green Beans	