




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice or bottled water. Menu subject to change.						<b>1</b> Swedish Meatless Meatballs over Egg Noodles Spinach Carrots
<b>2</b> Plant-Based Beef Burgundy Mashed Potatoes Green Beans	<b>3</b> Macaroni & Meatless Meat Casserole Succotash Broccoli	<b>4</b> Vegetarian Huevos a la Mexicana Hash Browns Pinto Beans	<b>5</b> Spaghetti & Meatless Meat Sauce Peas Corn	<b>6</b> Plant-Based Roast Beef & Gravy Mashed Potatoes Collard Greens	<b>7</b> Plant-Based Barbeque Chicken over Brown Rice Sweet Potatoes Spinach	<b>8</b> Plant-Based Chicken Alfredo over Whole Wheat Penne Pasta Peas Carrots
<b>9</b> Rotini & Meatless Meat Sauce Italian Green Beans Cauliflower	<b>10</b> Faux Fish Fillet Mashed Potatoes Mixed Veggies	<b>11</b> Meatless Teriyaki Meatballs over Brown Rice Green Beans Carrots	<b>12</b> Plant-Based Chicken Noodle Casserole Spinach Broccoli	<b>13</b> Lasagna with Meatless Meat Sauce Italian Green Beans Corn	<b>14</b> Faux Fish Fillet Cannelloni Beans Mixed Veggies	<b>15</b> Plant-Based Sweet and Sour Chicken over Brown Rice Asian Blend Veggies Peas
<b>16</b> Macaroni & Meatless Meat Casserole Succotash Broccoli	<b>17</b> Plant-Based Chicken Alfredo over Whole Wheat Penne Pasta Peas Carrots	<b>18</b> Plant-Based Beef Burgundy over Noodles Carrots Cannelloni Beans	<b>19</b> Plant-Based Chicken Curry over Brown Rice Mixed Veggies Cauliflower	<b>20</b> Vegetarian Cheese Cannelloni Kidney Beans Italian Green Beans	<b>21</b> Swedish Meatless Meatballs over Egg Noodles Spinach Carrots	<b>22</b> Plant-Based Chicken Strips w/ Gravy Sweet Potatoes Scandinavian Veggies
<b>23</b> Vegetarian Spinach Lasagna Lima Beans Carrots	<b>24</b> Battered Faux Fish Fillet over Brown Rice Corn Green Beans	<b>25</b> Spaghetti & Meatless Meat Sauce Peas Corn	<b>26</b> Plant-Based Chicken Alfredo over Whole Wheat Penne Pasta Peas Carrots	<b>27</b> Plant-Based Beef Burgundy over Noodles Carrots Cannelloni Beans	<b>28</b> Plant-Based Roast Beef & Gravy Mashed Potatoes Collard Greens	<b>29</b> Macaroni & Meatless Meat Casserole Succotash Broccoli
<b>30</b> Plant-Based Chick'n & Cheese Macaroni Casserole Spinach Corn	<b>31</b> Faux Fish Fillet Cannelloni Beans Mixed Veggies	