

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: Milk, soymilk, juice, or bottled water. Menu subject to change.				1 Pasta w/ Roasted Tuna Steak Beet Cup Fruit Cookie	2 Chicken Salad Sandwich Carrot Raisin Salad Fruit Muffin	3 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie
4 Chef's Choice Soup and Salad with Chicken Fruit	5 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie	6 Cheese Cucumber Club Sandwich 3-Bean Salad Fruit Cookie	7 Turkey Salad Sandwich Cuke & Tomato Fruit Muffin	8 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin	9 BBQ Beef Sandwich Potato Salad Fruit Muffin	10 Turkey & Cheese Club Sandwich Veggie Blend Cup Fruit Peach Yogurt
11 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	12 Chinese Chicken Salad/Carrots Fruit Fortune Cookie	13 Barley and Wild Rice with Roasted Tuna Tangy Coleslaw Fruit Cookie	14 Roast Beef & Cheddar Sandwich Veggie Salad w/Mint Fruit Muffin	15 Traditional Cobb Salad Fruit Cookie	16 Chicken Salad Sandwich 3-Bean Salad Fruit Muffin	17 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin
18 Carne Asada Bowl w/Cilantro Lime Rice Baby Carrots Fruit Corn Tortillas	19 Mediterranean Orzo Bowl w/Chicken Beet Cup Fruit Cookie	20 Steak, Barley & Kale Bowl Potato Salad Fruit Cookie	21 Cheese Cucumber Sub Sandwich Tangy Coleslaw Fruit Muffin	22 Black Bean Mango Couscous w/ Salmon Jicama & Cucumber Fruit Cookie	23 Turkey Sandwich Confetti Broccoli Cup Fruit Cookie	24 Chicken Pesto Sandwich Pepper/Bean Cup Fruit Cookie
25 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	26 Chicken Caesar Salad 3-Bean Salad Fruit Cookie	27 Veggie Sub Sandwich Baby Carrots Fruit Muffin	28 Southwest Chicken Salad Celery Parsley Cup Fruit	29 Asian Slaw with Teriyaki Steak Strips Jicama & Cucumber Fruit Fortune Cookie	30 Chicken Salad Sandwich 3-Bean Salad Fruit Cookie	