




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice or bottled water. Menu subject to change.						1 Turkey & Cheese Club Veggie Blend Cup Fruit Cookie
2 Soup of the Day 1/2 Turkey Sand. Blk Bean Corn Salad Fruit	3 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie	4 Roast Beef & Cheddar Sandwich Carrot Raisin Salad Fruit Muffin	5 Steak, Barley & Kale Bowl Potato Salad Fruit Cookie	6 Orange Chicken w/ Udon Noodles and Edamame Jicama/Cucumber Fruit	7 Turkey Salad Sandwich Confetti Broccoli Fruit Cookie	8 Chicken Pesto Sandwich Pepper/bean Cup Fruit Muffin
9 Soup of the Day 1/2 Egg Salad Sand. Zucchini Cup Fruit	10 Harvest Chicken Salad/Carrots Fruit Cookie	11 Asian Slaw with Teriyaki Steak Strips Jicama & Cucumber Fruit Fortune Cookie	12 BBQ Beef Sandwich Veggie Blend Cup Fruit Muffin	13 Pasta w/ Roasted Tuna Steak Beet Cup Fruit Cookie	14 Chicken Salad Sandwich Carrot Raisin Salad Fruit Muffin	15 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie
16 Chef's Choice Soup and Salad with Chicken Fruit	17 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie	18 Cheese Cucumber Club Sandwich 3-Bean Salad Fruit Cookie	19 Turkey Salad Sandwich Cuke & Tomato Fruit Muffin	20 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin	21 BBQ Beef Sandwich Potato Salad Fruit Muffin	22 Turkey & Cheese Club Sandwich Veggie Blend Cup Fruit Peach Yogurt
23 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	24 Chinese Chicken Salad/Carrots Fruit Fortune Cookie	25 Barley and Wild Rice with Roasted Tuna Tangy Coleslaw Fruit Cookie	26 Roast Beef & Cheddar Sandwich Veggie Salad w/Mint Fruit Muffin	27 Traditional Cobb Salad Fruit Cookie	28 Chicken Salad Sandwich 3-Bean Salad Fruit Muffin	29 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin
30 Carne Asada Bowl w/Cilantro Lime Rice Baby Carrots Fruit Corn Tortillas	31 Mediterranean Orzo Bowl w/Chicken Beet Cup Fruit Cookie	