

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice or bottled water. Menu subject to change.						1 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans
2 Beef Burgundy Mashed Potatoes Carrots	3 Glazed Turkey Ham Mashed Potatoes Green Beans	4 Pepper Steak in Gravy Country Style Hashed Browns Carrots	5 Chicken Fajitas Brown Rice Mexi-Corn	6 Beef Stew Potatoes Carrots	7 Sweet & Sour Chicken over Rice Asian Blend Veg Peas	8 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
9 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	10 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	11 Vegetable Chili Carrots Corn	12 Glazed Turkey Ham Mashed Potatoes Green Beans	13 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	14 Turkey Pot Roast Brown Rice Broccoli Carrots	15 BBQ Pork Riblet Mashed Potatoes Spinach
16 Beef & Cheese Enchilada Mexi-Corn Poached Pears	17 Chicken Fajitas Brown Rice Mexi-Corn	18 Pepper Steak in Gravy Country Style Hashed Browns Carrots	19 Mandarin Chicken over Brown Rice Asian Blend Veg Peas	20 Beef Burgundy Mashed Potatoes Carrots	21 BBQ Chicken & Rice Mashed Potatoes Spinach	22 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
23 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	24 Salisbury Steak with Gravy Peas Carrots	25 Sweet & Sour Chicken over Rice Asian Blend Veg Peas	26 Beef Stew Potatoes Carrots	27 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	28 Cheese Enchilada Mexi-Corn Peas	29 Turkey Pot Roast Brown Rice Broccoli Carrots
30 Beef & Cheese Enchilada Mexi-Corn Poached Pears	31 Chicken Fajitas Brown Rice Mexi-Corn					