

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: Milk, soymilk, juice, or bottled water. Menu subject to change.				1 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	2 Rotini & Meat Sauce Mixed Vegetables Poached Pears	3 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn
4 Macaroni & Meat Casserole Succotash Broccoli	5 Chicken Fettucini in Alfredo Sauce Peas Carrots	6 Curry Chicken over Brown Rice Sweet Potato Mixed Vegetables	7 Swiss Steak w/Gravy Sweet Potato Collard Greens	8 Cheese Cannelloni Kidney Beans Italian Green Beans	9 Chicken Primavera Rotini Carrots Green Beans	10 Beef & Cheese Enchilada Mexi-Corn Poached Peaches
11 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	12 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	13 Spaghetti & Meat Sauce Peas Asian Blend Veggies	14 Chicken Fettucini in Alfredo Sauce Peas Carrots	15 Pollo Santa Fe over Rice Refried Beans Broccoli	16 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	17 Macaroni & Meat Casserole Succotash Broccoli
18 Turkey a la King over Noodles Peas Carrots	19 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	20 Cheese Cannelloni Kidney Beans Italian Green Beans	21 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	22 Beef Burgundy Mashed Potatoes Carrots	23 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	24 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn
25 Chicken Chow Mein over Brown Rice Asian Blend Veggies Corn	26 Cheese Enchilada Corn w/Peppers Peas	27 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	28 Turkey Breast and Gravy over Stuffing Sweet Potatoes Peas and Carrots Pumpkin Pie	29 Chicken Fettucini in Alfredo Sauce Peas Carrots	30 Cheese Cannelloni Kidney Beans Italian Green Beans	