




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice or bottled water. Menu subject to change.						1 Swedish Meatballs over Egg Noodles Mixed Veggies Lima Beans
2 Beef Burgundy Mashed Potatoes Carrots	3 Macaroni & Meat Casserole Succotash Broccoli	4 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn	5 Spaghetti & Meat Sauce Peas Asian Blend Veggies	6 Swiss Steak w/Gravy Sweet Potato Collard Greens	7 Turkey Noodle Casserole Mixed Vegetables Broccoli	8 Chicken Enchilada Refried Beans Peas w/Peppers
9 Pasta Shells & Meat Sauce Italian Blend Veg Corn	10 Chicken Chow Mein over Brown Rice Corn Carrots	11 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	12 Turkey Noodle Casserole Mixed Vegetables Broccoli	13 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	14 Rotini & Meat Sauce Mixed Vegetables Poached Pears	15 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn
16 Macaroni & Meat Casserole Succotash Broccoli	17 Chicken Fettucini in Alfredo Sauce Peas Carrots	18 Curry Chicken over Brown Rice Sweet Potato Mixed Vegetables	19 Swiss Steak w/Gravy Sweet Potato Collard Greens	20 Cheese Cannelloni Kidney Beans Italian Green Beans	21 Chicken Primavera Rotini Carrots Green Beans	22 Beef & Cheese Enchilada Mexi-Corn Poached Peaches
23 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	24 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	25 Beef Burgundy w Gravy New Potatoes Carrots Peas & Pearl Onions Cheesecake	26 Chicken Fettucini in Alfredo Sauce Peas Carrots	27 Pollo Santa Fe over Rice Refried Beans Broccoli	28 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	29 Macaroni & Meat Casserole Succotash Broccoli
30 Turkey a la King over Noodles Peas Carrots	31 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	