


| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| Beverage choice: Milk, soymilk, juice, or bottled water. Menu subject to change. |  |  |  | 1 Pasta w/ Roasted Tuna Steak Beet Cup Fruit Cookie | 2 Chicken Salad Sandwich Carrot Raisin Salad Fruit Muffin | 3 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie |
| 4 Chef's Choice Soup and Salad with Chicken Fruit | 5 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie | 6 Cheese Cucumber Club Sandwich 3-Bean Salad Fruit Cookie | 7 Turkey Salad Sandwich Cuke & Tomato Fruit Muffin | 8 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin | 9 BBQ Beef Sandwich Potato Salad Fruit Muffin | 10 Turkey & Cheese Club Sandwich Veggie Blend Cup Fruit Peach Yogurt |
| 11 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit | 12 Chinese Chicken Salad/Carrots Fruit Fortune Cookie | 13 Barley and Wild Rice with Roasted Tuna Tangy Coleslaw Fruit Cookie | 14 Roast Beef & Cheddar Sandwich Veggie Salad w/Mint Fruit Muffin | 15 Traditional Cobb Salad Fruit Cookie | 16 Chicken Salad Sandwich 3-Bean Salad Fruit Muffin | 17 Gumbo with Turkey Sausage & Chicken Cucumber & Jicama Fruit Cornbread Muffin |
| 18 Carne Asada Bowl w/Cilantro Lime Rice Baby Carrots Fruit Corn Tortillas | 19 Mediterranean Orzo Bowl w/Chicken Beet Cup Fruit Cookie | 20 Steak, Barley & Kale Bowl Potato Salad Fruit Cookie | 21 Cheese Cucumber Sub Sandwich Tangy Coleslaw Fruit Muffin | 22 Black Bean Mango Couscous w/ Salmon Jicama & Cucumber Fruit Cookie | 23 Turkey Sandwich Confetti Broccoli Cup Fruit Cookie | 24 Chicken Pesto Sandwich Pepper/Bean Cup Fruit Cookie |
| 25 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit | 26 Chicken Caesar Salad 3-Bean Salad Fruit Cookie | 27 Veggie Sub Sandwich Baby Carrots Fruit Muffin | 28 Southwest Chicken Salad Celery Parsley Cup Fruit | 29 Asian Slaw with Teriyaki Steak Strips Jicama & Cucumber Fruit Fortune Cookie | 30 Chicken Salad Sandwich 3-Bean Salad Fruit Cookie |  |