

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: Milk, soymilk, juice, or bottled water. Menu subject to change.				1 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	2 Turkey Pot Roast Brown Rice Broccoli Carrots	3 BBQ Pork Riblet Mashed Potatoes Spinach
4 Beef & Cheese Enchilada Mexi-Corn Poached Pears	5 Chicken Fajitas Brown Rice Mexi-Corn	6 Pepper Steak in Gravy Country Style Hashed Browns Carrots	7 Mandarin Chicken over Brown Rice Oriental Blend Veg. Peas	8 Beef Burgundy Mashed Potatoes Carrots	9 BBQ Chicken & Rice Mashed Potatoes Spinach	10 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
11 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	12 Salisbury Steak with Gravy Peas Carrots	13 Sweet & Sour Chicken over Rice Oriental Blend Veg. Peas	14 Beef Stew Potatoes Carrots	15 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	16 Cheese Enchilada Mexi-Corn Peas	17 Turkey Pot Roast Brown Rice Broccoli Carrots
18 Beef & Cheese Enchilada Mexi-Corn Poached Pears	19 Chicken Fajitas Brown Rice Mexi-Corn	20 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	21 Beef Burgundy Mashed Potatoes Carrots	22 Mandarin Chicken over Brown Rice Oriental Blend Veg. Peas	23 BBQ Pork Riblet Mashed Potatoes Spinach	24 Chicken Enchilada Corn Tortilla Refried Beans Peas & Red Peppers
25 Beef Stew Potatoes Carrots	26 Swiss Steak Sweet Potatoes French Cut Green Beans	27 BBQ Pork Riblet Mashed Potatoes Spinach	28 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	29 Vegetable Chili Carrots Corn	30 Beef & Cheese Enchilada Mexi-Corn Poached Pears	