

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice, or bottled water. Menu subject to change.	<b>1</b> Chinese Tofu Salad Carrots Fruit Fortune Cookie	<b>2</b> Barley and Wild Rice with Roasted Tofu Tangy Coleslaw Fruit Cookie	<b>3</b> Mediterranean Sandwich Veggie Salad w/Mint Fruit Muffin	<b>4</b> Traditional Vegetarian Cobb Salad Fruit Cookie	<b>5</b> Chickpea Salad Sand. 3-Bean Salad Fruit Muffin	<b>6</b> Soup of the Day 1/2 Mediterranean Sandwich Cucumber & Jicama Fruit
<b>7</b> Cilantro Lime Rice Bowl with Beans Baby Carrots Fruit	<b>8</b> Mediterranean Orzo Bowl with Tofu Beet Cup Fruit Cookie	<b>9</b> Barley & Kale Bowl with Beans Potato Salad Fruit Cookie	<b>10</b> Cheese Cucumber Sub Sandwich Tangy Coleslaw Fruit Muffin	<b>11</b> Black Bean Mango Couscous Jicama & Cucumber Fruit Cookie	<b>12</b> Chickpea Salad Sandwich Confetti Broccoli Cup Fruit Cookie	<b>13</b> Veggie Pesto Sandwich Pepper/Bean Cup Fruit Cookie
<b>14</b> Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	<b>15</b> Caesar Salad 3-Bean Salad Fruit Cookie	<b>16</b> Veggie Sub Sandwich Baby Carrots Fruit Carrot Muffin	<b>17</b> Southwest Salad w/Black Beans Celery Parsley Cup Fruit	<b>18</b> Asian Slaw with Teriyaki Tofu Strips Jicama & Cucumber Fruit Muffin	<b>19</b> Chickpea Salad Sand 3-Bean Salad Fruit Cookie	<b>20</b> Cheese Sandwich with Hummus Veggie Blend Cup Fruit Cookie
<b>21</b> Soup of the Day & 1/2 sandwich Blk Bean Corn Salad Fruit	<b>22</b> Asian Noodle Veggie Bowl w/Tofu Beet Cup Fruit Cookie	<b>23</b> Mediterranean Sandwich Carrot Raisin Salad Fruit Muffin	<b>24</b> Barley Kale Bowl with White Beans Potato Salad Fruit Cookie	<b>25</b> Orange Tofu with Udon Noodles and Edamame Jicama/Cucumber Fruit	<b>26</b> Chickpea Salad Sandwich Confetti Broccoli Fruit Cookie	<b>27</b> Veggie Pesto Sand. Pepper/Bean Cup Fruit Muffin
<b>28</b> Soup of the Day 1/2 Egg Salad Sand. Zucchini Cup Fruit	<b>29</b> Harvest Salad Carrots Fruit Cookie	<b>30</b> Asian Slaw with Teriyaki Tofu Strips Jicama & Cucumber Fruit Muffin	<b>31</b> Lentil Sloppy Joe Veggie Blend Cup Fruit Muffin			