

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice, or bottled water. Menu subject to change.	1 Salisbury Steak with Gravy Peas Carrots	2 Sweet & Sour Chicken over Rice Asian Blend Veggies Peas	3 Beef Stew Potatoes Carrots	4 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	5 Cheese Enchilada Mexi-Corn Peas	6 Turkey Pot Roast Brown Rice Broccoli Carrots
7 Beef & Cheese Enchilada Mexi-Corn Poached Pears	8 Chicken Fajitas Brown Rice Mexi-Corn	9 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	10 Mandarin Chicken over Brown Rice Asian Blend Veggies Peas	11 Beef Burgundy Mashed Potatoes Carrots	12 BBQ Pork Riblet Mashed Potatoes Spinach	13 Chicken Enchilada Corn Tortilla Refried Beans Peas & Red Peppers
14 Beef Stew Potatoes Carrots	15 Swiss Steak Sweet Potatoes French Cut Green Beans	16 BBQ Pork Riblet Mashed Potatoes Spinach	17 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	18 Vegetable Chili Carrots Corn	19 Beef & Cheese Enchilada Mexi-Corn Poached Pears	20 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans
21 Beef Burgundy Mashed Potatoes Carrots	22 Glazed Turkey Ham Mashed Potatoes Green Beans	23 Pepper Steak in Gravy Country Style Hashed Browns Carrots	24 Chicken Fajitas Brown Rice Mexi-Corn	25 Beef Stew Potatoes Carrots	26 Sweet & Sour Chicken over Rice Asian Blend Veggies Peas	27 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
28 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	29 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	30 Vegetable Chili Carrots Corn	31 Glazed Turkey Ham Mashed Potatoes Green Beans			