

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: soymilk, juice, or bottled water. Menu subject to change.	1 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	2 Spaghetti & Meat Sauce Peas Asian Blend Veggies	3 Chicken Fettucini in Alfredo Sauce Peas Carrots	4 Pollo Santa Fe over Rice Refried Beans Broccoli	5 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	6 Macaroni & Meat Casserole Succotash Broccoli
7 Turkey a la King over Noodles Peas Carrots	8 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	9 Cheese Cannelloni Kidney Beans Italian Green Beans	10 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	11 Beef Burgundy Mashed Potatoes Carrots	12 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	13 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn
14 Chicken Chow Mein over Brown Rice Asian Blend Veggies Corn	15 Cheese Enchilada Corn w/Peppers Peas	16 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	17 Pasta Shells & Meat Sauce Italian Blend Veg Corn	18 Chicken Fettucini in Alfredo Sauce Peas Carrots	19 Cheese Cannelloni Kidney Beans Italian Green Beans	20 Swedish Meatballs over Egg Noodles Mixed Veggies Lima Beans
21 Beef Burgundy Mashed Potatoes Carrots	22 Macaroni & Meat Casserole Succotash Broccoli	23 Chicken Breast in Cream Sauce over Refried Beans Chuckwagon Corn	24 Spaghetti & Meat Sauce Peas Asian Blend Veggies	25 Swiss Steak w/Gravy Sweet Potato Collard Greens	26 Turkey Noodle Casserole Mixed Vegetables Broccoli	27 Chicken Enchilada Refried Beans Peas w/Peppers
28 Pasta Shells & Meat Sauce Italian Blend Veg Corn	29 Chicken Chow Mein over Brown Rice Corn Carrots	30 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	31 Turkey Noodle Casserole Mixed Vegetables Broccoli			