

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage Choice: Milk, soymilk, juice, or bottled water. Menu is subject to change.			1 Spaghetti & Meat Sauce Peas Asian Blend Veg	2 Swiss Steak w/Gravy Sweet Potato Collard Greens	3 Turkey Noodle Casserole Mixed Vegetables Broccoli	4 Chicken Fettuccini in Alfredo Sauce Peas Carrots
5 Pasta Shells & Meat Sauce Italian Blend Veg Corn	6 Turkey & Gravy Spinach Mashed Potatoes	7 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	8 Turkey Noodle Casserole Mixed Vegetables Broccoli	9 Chicken Cordon Blue over Brown Rice California Blend Veggies Corn	10 Swiss Steak w/Gravy Sweet Potato Collard Greens	11 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn
12 Macaroni & Meat Casserole Succotash Broccoli	13 Chicken Fettuccini in Alfredo Sauce Peas Carrots	14 Beef Burgundy Mashed Potatoes Carrots	15 Swiss Steak w/Gravy Sweet Potato Collard Greens	16 Cheese Cannelloni Kidney Beans Italian Green Beans	17 Swedish Meatballs over Egg Noodles Mixed Vegetables Lima Beans	18 Chicken & Gravy over Mixed Rice Spinach Apple Betty
19 Pasta Shells & Meat Sauce Italian Blend Veg Corn	20 Teriyaki Chicken over Brown Rice Peas Creamed Corn	21 Spaghetti & Meat Sauce Peas Asian Blend Veg	22 Chicken Fettuccini in Alfredo Sauce Peas Carrots	23 Beef Burgundy Mashed Potatoes Carrots	24 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	25 Macaroni & Meat Casserole Succotash Broccoli
26 Swiss Steak w/Gravy Sweet Potato Collard Greens	27 Pasta Shells & Meat Sauce Italian Blend Veg Corn	28 Sweet & Sour Chicken Chicken over Brown Rice Asian Blend Veg Peas	29 Chicken Cordon Blue over Brown Rice California Blend Veggies Corn	30 Beef Burgundy Mashed Potatoes Carrots	31 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	