



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage Choice: Milk, soymilk, juice, or bottled water. Menu is subject to change.			1 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	2 Swiss Steak w/Gravy Garlic Mashed Potatoes Green Beans	3 Pollo Santa Fe over Rice Refried Beans Broccoli	4 Chicken Enchilada Refried Beans Peas with Peppers
5 Pasta Shells & Meat Sauce Italian Blend Veggies Corn	6 Chicken Chow Mein over Brown Rice Corn Carrots	7 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	8 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	9 Chicken Cordon Bleu over Brown Rice California Blend Veg. Corn	10 Carne de Res over Rice Mixed Vegetables Pinto Beans	11 Chicken Breast in Green Chili Cream Sauce over Brn Rice Refried Beans Chuckwagon Corn
12 Pavo Mole over Rice Corn w/Peppers Cauliflower	13 Chicken Fettucini n Alfredo Sauce Peas Carrots	14 Tinga de Pollo over Rice Chipotle Sweet Potatoes Peas	15 Swiss Steak w/Gravy Sweet Potato Cannellini Beans	16 Cheese Cannelloni Black Eyed Peas Carrots	17 Pollo Adobo Chipotle Sweet Potatoes Stewed Tomatoes	18 Beef & Cheese Enchilada Mexi-Corn Poached Peaches
19 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	20 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower with Mushrooms	21 Pollo Cocido over Rice Zucchini with Peppers Green Beans	22 Chicken Fettuccini in Alfredo Sauce Peas Carrots	23 Pollo Santa Fe over Rice Refried Beans Broccoli	24 Salisbury Steak & Gravy Potatoes O'Brien Balck Eyed Peas	25 Macaroni & Meat Casserole Succotash Broccoli
26 Chicken Ranchero over Rice Pinto Beans California Blend Vegetables	27 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	28 Cheese Cannelloni Black Eyed Peas Carrots	29 Cheese Enchilada Corn with Peppers Peas	30 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	31 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	