





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.					1 Salisbury Steak & Gravy Potatoes O'Brien Black Eyed Peas	2 Macaroni & Meat Casserole Succotash Broccoli
3 Turkey a la King over Noodles Peas Carrots	4 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	5 Cheese Cannelloni Kidney Beans Italian Green Beans	6 Chicken Cordon Bleu over Brown Rice California Veggies Cinnamon Apples	7 Beef Burgundy Mashed Potatoes Carrots	8 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	9 Santa Fe Chicken Refried Beans Chuckwagon Corn
10 Chicken Chow Mein over Brown Rice Asian Blend Veggies Corn	11 Cheese Enchilada Corn w/Peppers Peas	12 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	13 Pasta Shells & Meat Sauce Italian Blend Veg Corn	14 Chicken Fettucini in Alfredo Sauce Peas Carrots	15 Cheese Cannelloni Kidney Beans Italian Green Beans	16 Swedish Meatballs over Egg Noodles Mixed Veggies Lima Beans
17 Beef Burgundy Mashed Potatoes Carrots	18 Macaroni & Meat Casserole Succotash Broccoli	19 Santa Fe Chicken Refried Beans Chuckwagon Corn	20 Spaghetti & Meat Sauce Peas Corn	21 Swiss Steak w/Gravy Garlic Mashed Potatoes Green Beans	22 Turkey Noodle Casserole Mixed Vegetables Broccoli	23 Chicken Enchilada Refried Beans Peas w/Peppers
24 Pasta Shells & Meat Sauce Italian Blend Veg Corn	25 Chicken Chow Mein over Brown Rice Corn Carrots	26 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	27 Turkey Noodle Casserole Mixed Vegetables Broccoli	28 Chicken Cordon Blue over Brown Rice California Blend Veg Corn	29 Rotini & Meat Sauce Mixed Vegetables Poached Pears	30 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn