

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.		1 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potatoes	2 Carne de Res over Rice Mixed Vegetables Pinto Beans	3 Chicken Fettuccini in Alfredo Sauce Peas Carrots	4 Cheese Cannelloni Black Eyed Peas Carrots	5 Cheese Enchilada Corn with Peppers Peas
6 Pollo Adobo Chipotle Sweet Potatoes Stewed Tomatoes	7 Pollo Cocido over Rice Zucchini with Peppers Green Beans	8 Chicken Ranchero over Rice Pinto Beans California Blend Vegetables	9 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	10 Swiss Steak w/Gravy Garlic Mashed Potatoes Green Beans	11 Pollo Santa Fe over Rice Refried Beans Broccoli	12 Chicken Enchilada Refried Beans Peas with Peppers
13 Chicken Cordon Bleu over Brown Rice California Veggies Cinnamon Apples	14 Chicken Chow Mein over Brown Rice Corn Carrots	15 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	16 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	17 Cheese Cannelloni Carrots & Peas Green Beans	18 Carne de Res over Rice Mixed Vegetables Pinto Beans	19 Chicken Fettuccini in Alfredo Sauce Peas Carrots
20 Pavo Mole over Rice Corn w/Peppers Cauliflower	21 Macaroni Shells in Meat Sauce Italian Blend Veg. Corn	22 Tinga de Pollo over Rice Chipotle Sweet Potatoes Peas	23 Swiss Steak w/Gravy Sweet Potato Cannellini Beans	24 Cheese Cannelloni Black Eyed Peas Carrots	25 Pollo Adobo Chipotle Sweet Potatoes Stewed Tomatoes	26 Beef & Cheese Enchilada Mexi-Corn Poached Peaches
27 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	28 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower with Mushrooms	29 Pollo Cocido over Rice Zucchini with Peppers Green Beans	30 Chicken Fettuccini in Alfredo Sauce Peas Carrots	31 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn		