

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.		1 BBQ Pork Riblet Mashed Potatoes Spinach	2 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	3 Vegetable Chili Carrots Corn	4 Beef & Cheese Enchilada Mexi-Corn Poached Pears	5 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans
6 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples	7 Glazed Turkey Ham Mashed Potatoes Green Beans	8 Pepper Steak in Gravy Country Style Hashed Browns Carrots	9 Chicken Fajitas Brown Rice Mexi-Corn	10 Beef Stew Potatoes Carrots	11 Sweet & Sour Chicken over Rice Oriental Blend Veg. Peas	12 Beef Burgundy Mashed Potatoes Green Beans
13 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	14 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	15 Vegetable Chili Carrots Corn	16 Glazed Turkey Ham Mashed Potatoes Green Beans	17 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	18 Turkey Pot Roast Brown Rice Broccoli Carrots	19 BBQ Pork Riblet Mashed Potatoes Spinach
20 Beef & Cheese Enchilada Mexi-Corn Poached Pears	21 Chicken Fajitas Brown Rice Mexi-Corn	22 Pepper Steak in Gravy Country Style Hashed Browns Carrots	23 Mandarin Chicken over Brown Rice Oriental Blend Veg. Peas	24 Beef Burgundy Mashed Potatoes Green Beans	25 BBQ Chicken & Rice Mashed Potatoes Spinach	26 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
27 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	28 Salisbury Steak with Gravy Peas Carrots	29 Sweet & Sour Chicken over Rice Oriental Blend Veg. Peas	30 Beef Stew Potatoes Carrots	31 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans		