

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.						1 Chicken Enchilada Corn Tortilla Refried Beans Peas & Red Peppers
2 Beef Stew Potatoes Carrots	3 Swiss Steak Sweet Potatoes French Cut Green Beans	4 BBQ Pork Riblet Mashed Potatoes Spinach	5 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	6 Vegetable Chili Carrots Corn	7 Beef & Cheese Enchilada Mexi-Corn Poached Pears	8 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans
9 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples	10 Glazed Turkey Ham Mashed Potatoes Green Beans	11 Pepper Steak in Gravy Country Style Hashed Browns Carrots	12 Chicken Fajitas Brown Rice Mexi-Corn	13 Beef Stew Potatoes Carrots	14 Sweet & Sour Chicken over Rice Oriental Blend Veg. Peas	15 Beef Burgundy Mashed Potatoes Green Beans
16 Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	17 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	18 Vegetable Chili Carrots Corn	19 Glazed Turkey Ham Mashed Potatoes Green Beans	20 Beef Steak and Onion Gravy over Brown Rice Carrots Italian Vegetables	21 Turkey Pot Roast Brown Rice Broccoli Carrots	22 BBQ Pork Riblet Mashed Potatoes Spinach
23 Beef & Cheese Enchilada Mexi-Corn Poached Pears	24 Chicken Fajitas Brown Rice Mexi-Corn	25 Pepper Steak in Gravy Country Style Hashed Browns Carrots	26 Mandarin Chicken over Brown Rice Oriental Blend Veg. Peas	27 Beef Burgundy Mashed Potatoes Green Beans	28 BBQ Chicken & Rice Mashed Potatoes Spinach	29 Scrambled Eggs with Turkey Ham Hashed Browns Cinnamon Apples
30 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	31 Salisbury Steak with Gravy Peas Carrots					