

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.		1 Teriyaki Chicken over Brown Rice Peas Creamed Corn	2 Sweet & Sour Chicken over Brown Rice Oriental Blend Veg Peas	3 Beef Burgundy Mashed Potatoes Carrots	4 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	5 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn
6 Beef Stroganoff Carrots Lima Beans	7 Chicken Chow Mein over Brown Rice Corn Carrots	8 Beef Burgundy Mashed Potatoes Carrots	9 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggies	10 Chicken Fettuccini in Alfredo Sauce Peas Carrots	11 Teriyaki Chicken over Brown Rice Peas Creamed Corn	12 Beef Stroganoff Carrots Lima Beans
13 Beef Burgundy Mashed Potatoes Carrots	14 Baked Chicken over Brown Rice Mashed Potatoes Broccoli	15 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn	16 Beef Stroganoff Carrots Lima Beans	17 Swiss Steak w/Gravy Sweet Potato Cannellini Beans	18 Chicken Noodle Casserole Mixed Vegetables Broccoli	19 Chicken Fettuccini in Alfredo Sauce Peas Carrots
20 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	21 Chicken Chow Mein over Brown Rice Corn Carrots	22 Teriyaki Meatballs over Brown Rice Green Beans Cauliflowerw/ Mushrooms	23 Chicken Noodle Casserole Mixed Vegetables Broccoli	24 Teriyaki Chicken over Brown Rice Peas Creamed Corn	25 Swiss Steak w/Gravy Sweet Potato Cannellini Beans	26 Chicken Fettuccini in Alfredo Sauce Peas Carrots
27 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	28 Chicken Fettuccini in Alfredo Sauce Peas Carrots	29 Beef Burgundy Mashed Potatoes Carrots	30 Swiss Steak w/Gravy Sweet Potato Cannellini Beans	31 Chicken Noodle Casserole Mixed Vegetables Broccoli		