

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.		1 Steak, Barley & Kale Bowl Potato Salad Fruit Cookie	2 Cheese Cucumber Sub Sandwich Tangy Coleslaw Fruit Muffin	3 Black Bean Mango Couscous w/ Salmon Jicama & Cucumber Fruit Cookie	4 Turkey Sandwich Confetti Broccoli Cup Fruit Cookie	5 Chicken Pesto Sandwich Pepper/Bean Cup Fruit Cookie
6 Italian Tortellini Pasta w/Olives & Tomatoes Zucchini Cup Fruit	7 Chicken Caesar Salad 3-Bean Salad Fruit Cookie	8 Veggie Sub Sandwich Baby Carrots Fruit Muffin	9 Southwest Chicken Salad Celery Parsley Cup Fruit	10 Asian Slaw with Teriyaki Steak Strips Jicama & Cucumber Fruit Fortune Cookie	11 Chicken Salad Sandwich 3-Bean Salad Fruit Cookie	12 Turkey & Cheese Club Veggie Blend Cup Fruit Cookie
13 Soup of the Day 1/2 Turkey Sand. Blk Bean Corn Salad Fruit	14 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie	15 Roast Beef & Cheddar Sandwich Green Bean Salad Fruit Chewy Granola Bar	16 Steak, Barley & Kale Bowl Potato Salad Fruit Cookie	17 Orange Chicken w/ Udon Noodles and Edamame Jicama/Cucumber Fruit	18 Turkey Salad Sandwich Confetti Broccoli Fruit Cookie	19 Chicken Pesto Sandwich Pepper/bean Cup Fruit Muffin
20 Soup of the Day 1/2 Egg Salad Sand. Zucchini Cup Fruit	21 Harvest Chicken Salad/Carrots Fruit Cookie	22 Asian Slaw with Teriyaki Steak Strips Jicama & Cucumber Fruit Fortune Cookie	23 BBQ Beef Sandwich Veggie Blend Cup Fruit Muffin	24 Pasta w/ Roasted Tuna Steak Beet Cup Fruit Chewy Granola Bar	25 Chicken Salad Sandwich Green Bean Salad Fruit Muffin	26 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie
27 Chef's Choice Soup and Salad with Chicken Fruit	28 Asian Noodle Veggie Bowl w/Chicken Beet Cup Fruit Fortune Cookie	29 Cheese Cucumber Club Sandwich 3-Bean Salad Fruit Cookie	30 Turkey Salad Sandwich Cuke & Tomato Fruit Muffin	31 Soup of the Day 1/2 Caprese Sand. Celery Parsley Cup Fruit		