

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beverage choice: milk, soymilk, juice, or bottled water. Menu subject to change.		1 Teriyaki Chicken over Brown Rice Peas Creamed Corn	2 Chicken Cordon Bleu over Brown Rice California Veggies Cinnamon Apples	3 Beef Burgundy Mashed Potatoes Carrots	4 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower w/ Mushrooms	5 Santa Fe Chicken Refried Beans Chuckwagon Corn
6 Turkey a la King over Noodles Peas Carrots	7 Cheese Enchilada Corn w/Peppers Peas	8 Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato	9 Beef Steak & Onion Gravy over Brown Rice Carrots Ital. Mixed Veggie	10 Chicken Fettucini in Alfredo Sauce Peas Carrots	11 Teriyaki Chicken over Brown Rice Peas Creamed Corn	12 Turkey & Gravy Mashed Potatoes Broccoli
13 Cheese Cannelloni Carrots & Peas Green Beans	14 Baked Chicken over Brown Rice Mashed Potatoes Broccoli	15 Santa Fe Chicken Refried Beans Chuckwagon Corn	16 Spaghetti & Meat Sauce Peas Corn	17 Swiss Steak w/Gravy Garlic Mashed Potatoes Green Beans	18 Pollo Santa Fe over Rice Refried Beans Broccoli	19 Chicken Enchilada Refried Beans Peas w/Peppers
20 Chicken Cordon Bleu over Brown Rice California Veggies Cinnamon Apples	21 Chicken Chow Mein over Brown Rice Corn Carrots	22 Beef & Cheese Enchilada Mexi-Corn Poached Peaches	23 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	24 Teriyaki Chicken over Brown Rice Peas Creamed Corn	25 Rotini & Meat Sauce Mixed Vegetables Poached Pears	26 Chicken Fettucini in Alfredo Sauce Peas Carrots
27 Chicken Breast Strips Fajitas Vegetables Broccoli Sweet Potato	28 Macaroni Shells in Meat Sauce Italian Blend Veggies Corn	29 Curry Chicken over Brown Rice Sweet Potato Mixed Vegetables	30 Swiss Steak with Gravy Sweet Potato Cannellini Beans	31 Cheese Cannelloni Carrots & Peas Green Beans		