

Lunch
January 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie
2 Chef's Choice Soup and Salad with Chicken Fruit	3 Asian Noodle Veggie Bowl with Chicken Beet Cup Fruit Cookie	4 Cheese Cucumber Club Sandwich 3 - Bean Salad Fruit Cookie	5 Turkey Salad Sandwich Cuke + Tomato Fruit Muffin	6 Soup of the Day 1/2 Caprese Sandwich Celery Parsley Cup Fruit	7 BBQ Beef Sandwich Potato Salad Fruit PB Chocolate Bites	8 Turkey + Cheese Club Sandwich Veggie Blend Cup Fruit Peach Yogurt
9 Italian Tortellini Pasta w/ Olives + Tomatoes Zucchini Cup Fruit	10 Chinese Chicken Salad w/ Carrots Asian Fruit Mix Muffin	11 Barley + Wild Rice with Roasted Tuna Tango Coleslaw Fruit Cookie	12 Roast Beef + Cheddar Sandwich Veggie Salad w/ Mint Fruit PB Chocolate Bites	13 Traditional Cobb Salad Fruit Jell-O	14 Chicken Salad Sandwich 3-Bean Salad Fruit Muffin	15 Soup of the Day 1/2 Caprese Sandwich Veggie Blend Cup Fruit
16 Chef's Choice Soup Salad with Chicken Fruit	17 Mediterranean Orzo Bowl with Chicken Beet Cup Fruit Cookie	18 Steak, Barley + Kale Bowl Potato Salad Fruit Cookie	19 Cheese Cucumber Sub Sandwich Tangy Coleslaw Fruit Jell-O	20 Black Bean Mango Couscous w/ Salmon Jicama + Cucumber Fruit Cookie	21 Turkey Sandwich Confetti Broccoli Cup Fruit Cookie	22 Chicken Pesto Sandwich Pepper + Bean Cup Fruit Cookie
23 Italian Tortellini Pasta w/ Olives + Tomatoes Zucchini Cup Fruit Cup	24 Chicken Caesar Salad 3-Bean Salad Fruit Jell-O	25 Veggie Sub Sandwich Baby Carrots Fruit Muffin	26 Southwest Chicken Salad Celery Parsley Cup Fruit	27 Asian Slaw with Teriyaki Steak Strips Jicama + Cucumber Fruit Muffin	28 Chicken Salad Sandwich 3-Bean Salad Fruit Cookie	29 Turkey + Cheese Club Veggie Blend Cup Fruit Chocolate Chip Cookie
30 Soup of the Day 1/2 Turkey Sandwich Black Bean Corn Salad Fruit	31 Asian Noodle Veggie Bowl with/ Chicken Beet Cup Fruit					

Beverage choice: milk, soymilk, juice or bottled water. Menu is subject to change.