

Latin Entrée
January 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Mushroom Chicken over Brown Rice Broccoli Cauliflower
2 Pavo Mole over Rice Corn with Peppers Cauliflower	3 Macaroni Shells in Meat Sauce Italian Blend Vegetables Corn	4 Tinga de Pollo over Rice Chipotle Sweet Potatoes Peas	5 Roast Beef + Gravy Turnip Greens Carrots	6 Cheese Cannelloni Carrots + Peas Green Beans	7 Pollo Adobo Chipotle Sweet Potatoes Stewed Tomatoes	8 Beef + Cheese Enchilada Mexican Corn Poached Peaches
9 Beef Steak + Onion Gravy over Brown Rice Broccoli Pepperonata	10 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower + Mushrooms	11 Pollo Cocido over Rice Zucchini with Peppers Green Beans	12 Chicken Fettuccini in Alfredo Sauce Peas Carrots	13 Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn	14 Swiss Steak with Gravy Sweet Potato Cannellini Beans	15 Macaroni + Meat Casserole Succotash Broccoli
16 Chicken Ranchero over Rice Pinto Beans California Blend Veggies	17 Beef Steak + Onion Gravy over Brown Rice Broccoli Pepperonata	18 Teriyaki Chicken with Brown Rice Mixed Vegetables Corn	19 Cheese Enchilada Corn with Peppers Peas	20 Turkey Enchilada Casserole Pinto Beans Mexi-Corn	21 Teriyaki Meatballs over Brown Rice Green Beans Cauliflower + Mushrooms	22 Pollo Santa Fe over Rice Refried Beans Broccoli
23 Beef + Cheese Enchilada Mexi-Corn Poached Peaches	24 Tinga de Pollo over Rice Chipotle Sweet Potatoes Peas	25 Chicken Breast Strips Fajita Vegetables and Broccoli Sweet Potato	26 Carne de Res over Rice Mixed Vegetables Broccoli Sweet Potatoes	27 Mushroom Chicken over Brown Rice Broccoli Cauliflower	28 Teriyaki Chicken over Brown Rice Peas Creamed Corn	29 Chicken Enchilada Corn with Peppers Peas
30 Pollo Adobo Chipotle Sweet Potatoes Stewed Tomatoes	31 Pollo Cocido over Rice Zucchini with Peppers Green Beans					

Beverage choice: milk, soymilk, juice or bottled water. Menu is subject to change.