

Lunch

November 2022

MON	TUE	WED	THU	FRI	SAT	SUN
	1 Chicken Caesar Salad 3-Bean Salad Fruit Jell-O	2 Veggie Sub Sandwich Baby Carrots Fruit Muffin	3 Southwest Chicken Salad Celery Parsley Cup Fruit	4 Asian Slaw with Teriyaki Steak Strips Jicama + Cucumber Fruit Muffin	5 Chicken Salad Sandwich 3-Bean Salad Fruit Cookie	6 Turkey + Cheese Club Veggie Blend Cup Fruit Chocolate Chip Cookie
7 Soup of the Day 1/2 Turkey Sandwich Black Bean Corn Salad Fruit	8 Asian Noodle Veggie Bowl with/ Chicken Beet Cup Fruit Cookie	9 Roast Beef + Cheddar Sandwich Green Bean Salad Fruit Chewy Granola Bar	10 Steak, Barley + Kale Bowl Potato Salad Fruit Cookie	11 Orange Chicken w/ Udon Noodles + Edamame Jicama + Cucumber Fruit	12 Turkey Salad Sandwich Confetti Broccoli Cup Fruit Cookie	13 Chicken Pesto Sandwich Pepper + Bean Cup Fruit Jell-O
14 Soup of the Day 1/2 Egg Salad Sandwich Zucchini Cup Fruit	15 Harvest Chicken Salad Carrots Fruits Jell-O	16 Asian Slaw with Teriyaki Steak Strips Jicama + Cucumber Fruit Muffin	17 BBQ Beef Sandwich Veggie Blend Cup Fruit Carrot Muffin	18 Pasta with Roasted Tuna Steal Beet Cup Fruit Chewy Granola Bar	19 Chicken Salad Sandwich Green Bean Salad Fruit Muffin	20 Turkey Loaf Sandwich Mexican Macaroni Fruit Cookie
21 Chef's Choice Soup and Salad with Chicken Fruit	22 Asian Noodle Veggie Bowl with Chicken Beet Cup Fruit Cookie	23 Cheese Cucumber Club Sandwich 3 - Bean Salad Fruit Cookie	24 Turkey Salad Sandwich Cuke + Tomato Fruit Muffin	25 Soup of the Day 1/2 Caprese Sandwich Celery Parsley Cup Fruit	26 BBQ Beef Sandwich Potato Salad Fruit PB Chocolate Bites	27 Turkey + Cheese Club Sandwich Veggie Blend Cup Fruit Peach Yogurt
28 Italian Tortellini Pasta w/ Olives + Tomatoes Zucchini Cup Fruit	29 Chinese Chicken Salad w/ Carrots Asian Fruit Mix Muffin	30 Barley + Wild Rice with Roasted Tuna Tango Coleslaw Fruit Cookie				

*Beverage choice: soymilk, juice or bottled water. Menu subject to change.