

**Entrée**
**August 2022**

MON		TUE		WED		THU		FRI		SAT		SUN	
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>	
Roast Beef and Gravy Turnip Greens Carrots		Beef Steak + Onion Gravy over Brown Rice Mixed Vegetables Corn		Teriyaki Chicken Breast over Brown Rice Mixed Vegetables		Sweet + Sour Chicken over Brown Rice Oriental Blend Veg Peas		Beef Burgundy Mashed Potatoes Carrots		Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato		Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn	
<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
Beef Stroganoff Carrots Lima Beans		Chicken Chow Mein over Brown Rice Corn Carrots		Beef Burgundy Mashed Potatoes Carrots		Beef Steak + Onion Gravy over Brown Rice Carrots Pepperonata		Mushroom Chicken over Brown Rice Broccoli Cauliflower		Teriyaki Chicken over Brown Rice Peas Creamed Corn		Roast Beef and Gravy Turnip Greens Carrots	
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	
Beef Burgundy Mashed Potatoes Carrots		Baked Chicken over Brown Rice Mashed Potatoes Broccoli		Santa Fe Chicken over Brown Rice Refried Beans Chuckwagon Corn		Roast Beef and Gravy Turnip Greens Carrots		Swiss Steak w/ Gravy Sweet Potato Cannellini Beans		Chicken Noodle Casserole Mixed Vegetables Broccoli		Chicken Fettuccini in Alfredo Sauce Peas Carrots	
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
Beef Steak + Onion Gravy over Brown Rice Carrots Pepperonata		Chicken Chow Mein over Brown Rice Corn Carrots		Teriyaki Meatballs over Brown Rice Green beans Cauliflower with Mushrooms		Chicken Noodle Casserole Mixed Vegetables Broccoli		Teriyaki Chicken over Brown Rice Peas Creamed Corn		Swiss Steak with Gravy Sweet Potato Cannellini Beans		Mushroom Chicken over Brown Rice Broccoli Cauliflower	
<b>29</b>		<b>30</b>		<b>31</b>									
Chicken Breast Strips Fajita Vegetables Broccoli Sweet Potato		Mushroom Chicken over Brown Rice Broccoli Cauliflower		Beef Burgundy Mashed Potatoes Carrots									

\*Beverage choice: soymilk, juice or bottled water. Menu subject to change.