

## Gluten Friendly Entrée

May 2022

MON	TUE	WED	THU	FRI	SAT	SUN
						<b>1</b>
						Scrambled Eggs with Ham Hashed Browns Cinnamon Apples
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Turkey Enchilada Casserole Pinto Beans Mexi-Corn	Salisbury Steak with Gravy Peas Carrots	Curry Chicken with Brown Rice Sweet Potatoes Mixed Vegetables	Beef Stew Potatoes Carrots	Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	Cheese Enchilada Mexi-Corn Peas	Turkey and Gravy Sweet Potatoes Scandinavian Vegetables
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Beef Enchilada Mexi-Corn Poached Pears	Chicken Fajitas Brown Rice Mexi-Corn	Turkey + Gravy Mashed Potatoes Broccoli	Beef Burgundy Mashed Potatoes Green Beans	Mandarin Chicken over Brown Rice Oriental Blend Vegetables Peas	BBQ Pork Riblet Mashed Potatoes Spinach	Teriyaki Chicken over Brown Rice Peas Creamed Corn
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Chili with Corn Green Beans Pears	Roast Beef + Gravy Baked Potato Turnip Greens	BBQ Pork Riblet Baked Beans Creamed Spinach	Turkey Enchilada Casserole Pinto Beans Mexi-Corn	Chicken Chow Mein over Brown Rice Green Peas and Corn	Beef Enchilada Mexi-Corn Poached Pears	Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Scrambled Eggs with Ham Hashed Browns Potatoes Baked Beans	Glazed Turkey Ham Mashed Potatoes Green Beans	Pepper Steak in Gravy Country Style Hashed Browns Zucchini	Chicken Fajitas Brown Rice Mexi-Corn	Beef Stew Potatoes Mixed Vegetables	Curried Chicken Strips Brown Rice Mixed Vegetables Cauliflower	Beef Burgundy Mashed Potatoes Green Beans
<b>30</b>	<b>31</b>					
Chicken Ranchero over Spanish Rice Mixed Vegetables Pinto Beans	Beef Steak and Onion Gravy over Brown Rice Broccoli Pepperonata					

Beverage choice: milk, soymilk, juice or bottled water. Menu is subject to change.