



Lunch Menu - November 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beverage Choice: Milk, Soy Milk, Juice, or Bottled Water. Menu Subject to Change					Reuben Sandwich on Rye Bread Italian Cucumber Salad Pineapple Tidbits	French Turkey Bistro Salad* *Turkey, Red Onion, Parsley, Northern Beans, Corn, and a French Dressing Venetian Pasta Salad Whole Grain Breadstick Fresh Pear
Mediterranean Chicken Quinoa Bowl* *Chicken, Cilantro Lime Quinoa, Arugula, Grape Tomatoes, Kalamata Olives, Cucumbers, Hummus, Tahini Dressing, Feta, and Greek Yogurt Fresh Orange	Pork & Pineapple Farro Bowl* *Pork Loin, Farro, Baby Spinach, Shredded Red Cabbage, Pico de Gallo, Pineapple Salsa, Avocado, and Vinaigrette Fresh Pear	Egg Salad on Whole Wheat Bread Mixed Green Salad w/Dressing Fresh Apple	Cranberry Pecan Turkey Salad on Brioche Roll Coleslaw Diced Peaches	Greek Chicken Salad with Balsamic Vinaigrette Naan Bread Dippers Pasta Salad Raisins	Roast Beef & Cheddar Sandwich on Whole Wheat Bread Lettuce/Tomato/Onion Black-Eyed Pea Salad Tropical Fruit	Tzatziki Turkey Salad Three Bean Salad Naan Bread Dippers Mixed Fruit
Thai Chicken Salad* *Chicken, Penne Pasta, Green Onions, Cabbage, Snap Peas, Carrots, and Peanut Vinaigrette Cucumber Salad Whole Grain Crackers Mixed Fruit	Salmon Caesar Salad with Caesar Dressing Coleslaw Whole Grain Breadstick Tropical Fruit	Greek Chicken Salad with Balsamic Vinaigrette Venetian Pasta Salad Whole Grain Breadstick Fresh Pear	Turkey & Provolone Cheese on Kaiser Roll Lettuce/Tomato/Onion Potato Salad Fresh Orange	Chicken Salad with Grapes w/Whole Grain Crackers Black-eyed Pea Salad Applesauce	Corned Beef & Swiss on Rye Bread Lettuce/Tomato/Onion Coleslaw Diced Pears	Egg Salad on Whole Wheat Bread Broccoli Raisin Salad Fresh Apple
Tzatziki Turkey Salad Three Bean Salad Naan Bread Dippers Fresh Apple	Cobb Salad with Ranch Dressing Chickpea Salad Whole Grain Crackers Mixed Fruit	Deviled Egg Salad on Whole Wheat Bread Cucumbers w/Creole Dressing Pineapple Tidbits	Krab Mac Salad Coleslaw Whole Grain Corn Muffin Fresh Orange	Roast Beef & Cheddar Sandwich on Whole Grain Bun Lettuce/Tomato/Onion Potato Salad Fresh Pear	Mediterranean Chicken Quinoa Bowl* *Chicken, Cilantro Lime Quinoa, Arugula, Grape Tomatoes, Kalamata Olives, Cucumbers, Hummus, Tahini Dressing, Feta, and Greek Yogurt Raisins	Turkey Breast & Muenster on Rye Bread Lettuce/Tomato/Onion Mandarin Beets w/Citrus Dressing Applesauce
Harvest Chicken Bowl* *Grilled Garlic-Herb Chicken, Seasoned Grilled Butternut Squash, Brown Rice, Kale Salad, and a Sweet Honey-Dijon Sauce Applesauce	Creole Seafood Salad w/Whole Grain Crackers Beet & Onion Salad Fresh Orange	Pork & Pineapple Farro Bowl* *Pork Loin, Farro, Baby Spinach, Shredded Red Cabbage, Pico de Gallo, Pineapple Salsa, Avocado, and Vinaigrette Mixed Fruit	Turkey Breast & Provolone on Whole Wheat Bread Lettuce/Tomato/Onion Italian Cucumber Salad Fresh Pear	Cranberry Pecan Turkey Salad on Brioche Roll Tuscany Vegetable Salad Tropical Fruit	Chicken Salad Honey Lime Corn Salad Whole Grain Blueberry Muffin Fresh Orange	Reuben Sandwich on Rye Bread Lettuce/Tomato/Onion Mixed Green Salad w/Dressing Fresh Apple