

**5 Meal Pack
Renal Friendly**


	Monday	Tuesday	Wednesday	Thursday	Friday
40015058	Penne Alfredo Chicken Carrots Butternut Squash 094	Fried Egg Patties Sweet Potatoes Asparagus 074	Breaded Pollock Green Pea Blend Carrots 044	Salisbury Steak Red Skin Potatoes Mixed Vegetables 047	Chicken Florentine Asparagus Carrots 079
40025058	BBQ Chicken Succotash Green Beans 053	Chipotle Meatloaf Red Skin Potatoes Green Beans 084	Breaded Pollock w/Parma Rosa Sauce Corn w/peppers Italian Green Beans 067	Sausages & Pancakes Sweet Potatoes Cinnamon Apples 073	Cheese Omelet w/Salsa Broccoli Florets Hash Browns 071

< 600 mg Sodium, < 650 mg Potassium, < 400 mg Phosphorus

Menu subject to change

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Nutrition information available at:
www.traditionsi.com

**7 Meal Pack
Renal Friendly**


	Monday	Tuesday	Wednesday	Thursday	Friday
40015058	Penne Alfredo Chicken Carrots Butternut Squash 094	Fried Egg Patties Sweet Potatoes Asparagus 074	Breaded Pollock Green Pea Blend Carrots 044	Salisbury Steak Red Skin Potatoes Mixed Vegetables 047	Chicken Florentine Asparagus Carrots 079
40025058	BBQ Chicken Succotash Green Beans 053	Chipotle Meatloaf Red Skin Potatoes Green Beans 084	Breaded Pollock w/Parma Rosa Sauce Corn w/peppers Italian Green Beans 067	Sausages & Pancakes Sweet Potatoes Cinnamon Apples 073	Cheese Omelet w/Salsa Broccoli Florets Hash Browns 071

Saturday
Sunday

Macaroni & Cheee Bean Blend Brussels Sprouts 075	Breakfast Scramble Asparagus Hash Browns 093
Three Cheese Ravioli Mixed Vegetables Cauliflower 049	Pork Patty w/Pizzaiola Sauce Asparagus Carrots 015

< 600 mg Sodium, < 650 mg Potassium, < 400 mg Phosphorus

Menu subject to change

South: 619-420-2782 • East: 619-447-8782 • Metro: 619-295-9501 • North: 760-736-9900

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