





## **Dinner Menu - October 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	*We will be closed on Indigenous Peoples' Day (Monday, October 13th). Meals typically delivered on that day will be delivered ahead of the holiday.	Arroz con Pollo*  *Brown Rice in Entrée Pinto Beans Green Peas Fresh Apple	Salmon Patty with Dill Sauce Confetti Brown Rice Broccoli Florets Whole Wheat Roll Diced Pears Margarine	Swiss Steak WG Macaroni and Cheese Mixed Vegetables Fresh Orange	Mango BBQ Chicken Baked Beans Collard Greens Whole Wheat Roll Applesauce Margarine	Sloppy Joe Roasted Diced Potatoes Capri Vegetable Blend Whole Wheat Hamburger Bun Diced Peaches
Curry Chicken Breast Coconut Brown Rice Green Peas Cauliflower Fresh Apple	7 Potato Crusted Pollock Lentil Vegetable Pilaf California Vegetable Blend Multi-Grain Bread Mixed Fruit Margarine Tartar Sauce	8 Sofrito Meatballs Whipped Potatoes Garden Vegetable Blend Whole Wheat Bread Mandarin Oranges Margarine	9 Chicken Alfredo over Whole Grain Penne Ratatouille Broccoli Florets Fresh Pear	Beef Patty Tater Tots Dilled Carrots Whole Wheat Hamburger Bun Pineapple Tidbits Ketchup Mustard	Pineapple Glazed Turkey Ham Roasted Sweet Potatoes Brussels Sprouts Whole Wheat Bread Diced Peaches Margarine	Chicken Al Pastor Brown Rice Black Beans Whole Wheat Tortilla Fresh Orange
*Indigenous Peoples' Day	Szechuan Pork Brown Rice Baby Carrots Broccoli Florets Mixed Fruit	Cheese Enchiladas Enchilada Sauce Pinto Beans Fiesta Vegetable Blend Pineapple Tidbits	Beer Battered Cod Cilantro Lime Rice Southwest Corn Fresh Orange	Sloppy Joe Tater Tots Green Beans Whole Grain Hamburger Bun Fresh Pear Ketchup	Honey Ginger Glazed Chicken Confetti Brown Rice Brussels Sprouts Raisins	Swedish Meatballs Whole Grain Penne Pasta Green Peas Sliced Carrots Applesauce
Chicken Parmesan Whole Grain Penne Pasta Tuscany Vegetable Blend Applesauce	21 Whole Grain Shrimp Jambalaya Corn Casserole Green Beans Fresh Orange	Honey Balsamic Chicken Breast Whole Wheat Seasoned Couscous Broccoli Florets Fresh Pear	Apricot Mustard Pork Confetti Brown Rice Sliced Carrots Mixed Fruit	WG Bean & Cheese Burrito Enchilada Sauce Black Beans Fajita Vegetable Blend Tropical Fruit	Coconut Curry Chicken Brown Rice Green Peas Cauliflower Fresh Orange	26 Salisbury Steak with Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Bread Fresh Apple Margarine
Chicken Alfredo Whole Grain Rotini Pasta Ratatouille Green Beans Pineapple Tidbits	Pork Carnitas Cilantro Lime Brown Rice Charro Beans Garden Vegetable Blend Fresh Apple	<b>29 Turkey a la King</b> Whole Grain Egg Noodles  Glazed Carrots  Fresh Orange	Salmon Patty Dill Sauce Garlic Parmesan Brown Rice Broccoli Florets Fresh Pear	Hungarian Chicken Oven Roasted Potatoes Mixed Vegetables Whole Wheat Bread Mixed Fruit Margarine	*Holiday Meal: BBQ Chicken Drumsticks WG Macaroni & Cheese Seasoned Collard Greens Fresh Apple	Beverage Choice:  Milk or Juice  Menu subject to change   Denotes Sodium ≥ 1000 mg